**Prestigious Scholarships**
Tuesday, August 28th, 2:00 – 3:00 PM  
Newman Library, Multi-Purpose Room

*Christina McIntyre, Director of Major Scholarships, Honors College  
Betty Anderson, Academic Advisor, Global Education Office*

As professionals tasked with supporting students in making informed decisions and setting goals, academic advisors are uniquely positioned to motivate and encourage students to apply for fellowships and scholarships. Many students are unaware of the wealth of opportunities available to them, or feel they are not qualified for these prestigious programs. This interactive session will familiarize advisors with campus resources which in turn they can share with students, helping them create a unique academic and extracurricular trajectory that will make them more competitive for these awards and assist in their professional, educational, and personal development.

To register for this event, please [RSVP HERE](#).

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**Hokie Wellness for Academic Advisors**
Wednesday, September 19th, 2:00 – 3:00 PM  
Newman Library, Multi-Purpose Room

*Cathy Kropf, Director of Hokie Wellness*

Hokie Wellness acknowledges that healthy living is way more than just your physical body. We are here to create new and unique ways of reaching out to all employees. From Hokies Live Well to Koru Mindfulness classes, we strive to educate all areas of wellness and provide every employee with resources her or she needs to achieve healthy living. Academic advising can be a high-stress endeavor and this chat will focus on academic advisor wellness to prevent burnout and improve performance.

To register for this event, please [RSVP HERE](#).
"You majored in what?" Helping students map experiential learning for career readiness
Friday, October 26th, 2:00 – 3:00 PM
Smith Career Center, Meeting Room A

Katie Beach, Assistant Director Career & Professional Development, Smith Career Center
Cara Conley, Academic Advisor, Academy of Integrated Science, College of Science

Are you struggling with answering the question, “What can I do with this major?” Learn how utilizing Katharine Brooks’ Chaos Theory and major mapping can empower students on their career journey. Hear how Nanoscience partnered with the career center for an empowering workshop where students were able to translate their academic and non-academic experiences to employability skills regardless of their major. Participants will see a demonstration of a “major mapping” exercise, will become familiar with Katharine Brooks’ Chaos theory, and will learn how the Career Center and academic departments can partner for the student benefit.

To register for this event, please RSVP HERE.

Helping Students Develop Professional Competencies
Friday, November 2nd, 2:00 – 3:00 PM
Smith Career Center, Meeting Room A

Becca Scott, Associate Director Career & Professional Development, Smith Career Center

Whose responsibility is it to help students prepare for their careers once they leave Virginia Tech? In Career and Professional Development we believe everyone on campus has influence over our students’ career development. We have identified seven professional competencies that students need to develop, practice and reflect on in order to be career ready and successfully transition into the workplace. In this chat session we will discuss career readiness and the seven professional competencies, as well as share tools that advisors can use to help their students reflect on and promote their professional skills. We will also provide interesting data points from our Virginia Tech Employer Survey on professional competencies. Together we can help Virginia Tech students sharpen their Professional Edge!

To register for this event, please RSVP HERE.
The New NACADA Academic Advising Core Competency Model (Extended Event)
Tuesday, November 13th, 8:30 – 12:00 PM
Newman Library, Multi-Purpose Room

Dr. Kimberly Smith, Assistant Provost for Academic Advising Initiatives

In 2017, NACADA (The Global Community for Academic Advising) unveiled the Academic Advising Core Competencies Model. Intended for broad use among those involved in academic advising, “the purpose of the model is to identify the broad range of understanding, knowledge, and skills that support academic advising, to guide professional development, and to promote the contributions of advising to student development, progress, and success” (NACADA, 2017). During this session, Dr. Kimberly Smith will describe the model framework, core competency areas, and how the model can be applied to your advising practice.

To register for this event, please RSVP HERE.

Helping Students in Distress/ QPR Gatekeeper Training
Thursday, November 29th, April 24, 2:00 - 3:30 PM
Newman Library, Multi-Purpose Room

Dr. Tara Frank, Assistant Dean of Students, Office of the Dean of Students
Ana Agud, Wellness Program Coordinator, Hokie Wellness

Working closely with various campus departments and law enforcement agencies to foster a safe, educational environment, the Office of the Dean of Student responds to help students manage stressful situations. Please join us to hear Dr. Tara Frank discuss how their office advises and partners with the VT campus to create comprehensive responses for students in distress. Later, Ana Agud will conduct QPR training. QPR Gatekeeper training takes just 60 minutes and can help save lives. There are three simple steps that can be learned to help save a life from suicide. Just like CPR, QPR is an emergency response to someone in crisis and can save lives. Attendees will learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

To register for this event, please RSVP HERE.